

the COALITION

No. 80

Newsletter of the South Shore Coalition of Independent Therapists

www.sscit.org

July, 2010

Hello SSCIT members,

Welcome to the beginning of our 26th year in action as a collective community. Our website has gotten tremendous traffic and is reaching beyond our south shore borders with growing consistency. This is evidenced by many clinics seeking aftercare for their patients returning to our area or statewide providers seeking to understand our community and it's vibrant connectedness. I am getting feedback about 2-3 times per week of this nature. We are becoming a networking model for the community at large. As this buzz grows, so does our membership in returning clinicians and new members. With all the application processes, I have been struck by how excited new members seem to feel about what we offer.

So, as we manage to work through the strangest season of mental health practice, the unpredictability of Summer has many private practitioners taking stock in their work values, organization and pace. Now is a good time to "clean house" and prioritize how you would like your year to go in your business. Maybe joining a peer supervision group or collecting trusted colleagues for coverage in times of vacation or other absences. Try your best to prioritize your networking efforts. Our luncheons are only one networking option of many that we offer for our membership. Use and follow posts on our listserv email. Request to offer a seminar for the group. Discover a colleague or two who specialize in an aspect of practice that you find a need to refer out to often. Making solid referrals helps your business as much as it does for those receiving these referrals. Basically, connect in many ways with as much of us as you can. SSCIT has been a reliable and fun conduit for connection!

I wish to take a moment also to thank Sherrad Barton for her lovely and timely presentation on Trauma issues. Not only was her talk lucid and valuable, but her style of presenting was remarkably humble, connective and engaging. It is always a treat to see how our membership has such diverse talent!

Good luck to you all in the next few months of Summer and I eagerly await seeing you at our October 5th luncheon advertised on the back of this newsletter!

The next newsletter will be sent out in late September. All announcements must be received by September 12, 2010 to be included. You can send them to me by e-mail: frazzled4@comcast.net (kindly ***do not*** send them to me via the email listserv) or they can be mailed to me at 41 Popple Bottom Road, Sandwich, MA 02563.

Sincerely,

Kenneth Freedman, LICSW
President, SSCIT

WWW.SSCIT.ORG

To sign Up for the SSCIT Listserv – *members only, please

If you have not already subscribed to the SSCIT e-mail listserv, you may do so by going to <http://groups.yahoo.com/group/SSCIT> and clicking on “Join This Group” or clicking on the “Yahoo Groups” icon on the bottom left of our home page at www.sscit.org and follow the prompts. This will notify Ken Freedman, the listserv administrator, and he will enroll you. This may take a day or so. Registering at the site includes you choosing a Yahoo e-mail address. If the address name of your choice is taken, you might choose SSCIT*, where * is your name or a number of your choosing. e.g.: JohnDoeSSCIT23@Yahoo.com Not to worry, you will be able to use your current email to receive and send messages on the listserv even though you sign on to a Yahoo email address. You will know you are enrolled when you receive a welcome letter from Ken Freedman in your e-mail.

If you have any problems, send an e-mail to Ken Freedman frazzled4@comcast.net and put SSCIT in the subject.

ANNOUNCEMENTS

1) Lauri Klein, LICSW will be offering the 8 week class, Mindfulness Based Stress Reduction at Dancing Crow Yoga Studio in Hingham in September. There will be 2 or 3 free introductory classes for prospective participants on Wednesday evenings this summer. I am also offering free experiential and informational meetings for providers including therapists, massage therapists, chiropractors, accupuncturists, traditional physicians and alternative health care providers. 10% off coupons will be given for your clients who attend intro classes and sign up this summer. Questions and dates call me at 781 740 9044 after June 21.

2) Julie Mack, Ph.D. has openings in her “Adult Survivors of Sexual Abuse Group Meetings” set for Mondays at 7:30pm-9pm. Screening is free and members require a 6-12 month commitment. Fee is \$45 per session and this group will be comprised of 6-8 women. Groups will take place at Hanover Psychological Associates. 781-826-8228. Most insurances accepted.

3) Confidential Care is now offering men’s and women’s early recovery support groups, please call the office for more information at 781-878-9809.

4) Debbie Issokson, Psy.D. is part of the newly formed South Shore Postpartum Depression Support Network. The task force is working on increasing public awareness of prenatal and postpartum mood disorders, educating mental health and medical professionals about perinatal mental health issues and creating a resource list of mental health providers who can provide appropriate treatment for women and their families. Our territory is Quincy to the Sagamore Bridge. If you are interested in being included on the resource list, please contact Debbie at info@reproheart.com or 617-314-9571.

5) Kenneth Freedman, LICSW still has openings in his two eating disorders support groups. One is for Women (16-66) in any phase of recovery meeting weekly on Thursday evenings on Cape Cod from 6-7:30pm. The other is for parents meeting monthly on Sundays from 12-1:30pm also on Cape Cod. Fee is \$40 per person (or couple). Contact Ken for an intake at 508-428-6254.

OFFICE SPACE AVAILABLE

1) Marvista Psychological Associates has new, furnished office space available in the Cohasset Family Health Building on Rt. 3-A, Cohasset. We are seeking a therapist with an interest in working with children and families. Please call **Tricia Fair** at 781-383-0860.

2) Nice 4 office suite in Hanover with secretarial and billing and lovely group. We have a plentiful overflow of referrals Please call. **Julie Mack 781 826 8228 X1**

3) Attractive, professional office space available at Harmony Wellness Center in Hanover. Full or part time. Very reasonable rate. Great location, ample parking, Very congenial atmosphere. Cross-referrals and peer supervision. Contact **Deena Beals** 781-829-4300 or deenabeals@gmail.com

Changes in **mailing addresses** should be directed to **Ann Anderson** at
200 Cordwainer Drive #202, Norwell, MA 02061. 781-749-3963.

Please direct all correspondence for the Coalition to:

SSCIT c/o Kenneth Freedman, LICSW

41 Popple Bottom Road

Sandwich, MA 02563

or

frazzled4@comcast.net

Visit us online at:
WWW.SSCIT.ORG

COALITION MEMBERS AND FRIENDS LUNCHEON

Understanding and Treating The High Functioning Adult Alcoholic: Personal and Professional Perspectives

Presented by:

Sarah Allen Benton, MS, LMHC

CEU Credits may be available for LICSW, LMHC & Nurses

Tuesday, October 5, 2010

11:30am-1:30pm

Asian C Restaurant, 48 Whiting St. (Rt. 53) in Hingham

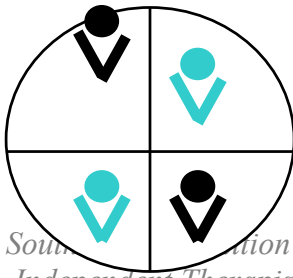
Cost: \$15.00 (Make checks payable to "SSCIT")

R.S.V.P. Helene Lieb at 781-383-6950 (please, no calls after 9pm) or via

email at: bigred8487@aol.com by Sept. 29.

Cancellations made less than 48 hours in advance will be charged.

41 Popple Bottom Road
Sandwich, MA 02563



*Southwestern Association of
Independent Therapists*
www.sscit.org